

# Rehab Net News Update

R E H A B I L I T A T I O N   N E T W O R K   O F   A R K A N S A S

## BECKY'S SCHEDULE

- Mar. 1    Comp Day
- Mar. 4    PT Board Meeting
- Mar. 4-6 AR Osteopathic  
Medicine Assoc. Conference
- Mar. 8    Comp Day
- Mar. 11   Ofc Manager's mtg

## Important Numbers

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ArPTA Web site <http://www.arpta.org>

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For member only section

## First Rehab Net Owner's Retreat



Rehab Net of Arkansas hosted the first ever Owner's Retreat on February 5-6, 2010 at Winrock Conference Center on the top of Mt. Petit Jean. Fourteen owners and ten spouses joined in the fun and networking at Winrock.

Topics ranged from marketing, referral development, alternative payment systems for physical therapists, and time management. We broke down into two roundtables and board members served as

moderators. The discussions were lively and informative.

Winrock did an outstanding job of feeding the gang. Snacks were abundant, dinner was great, followed by desert back in the great room of the lodge where we stayed.. Members socialized in the great room around the fireplace till bed time called them away. Roundtables continued on Saturday and we ended over a nice lunch back in the dining room.

While it would have been nice to have had the retreat during warmer weather, we were all thankful that the snow waited till we were all safely back at home. All who attended agreed that the time was well worthwhile and that it was worth the expense. Each attendee paid a share of the expense of the meeting. The Board agreed that we would look to do this again possibly making it an annual event.





## CLINICS IN THE SPOTLIGHT

The spotlight will be back in 2010



Clinton Physical  
Therapy  
119 Ingram Street  
Clinton, AR 72031  
501-745-8881

Richard Matthews, PT, and Wendy Matthews, PTA, are the owners of Red River Physical Therapy in Heber Springs and a satellite in Clinton, dba Clinton Physical Therapy.

Richard and his staff specialize in orthopedic injuries and serve all ages. They see geriatrics, general population, sports injuries, worker's comp, veterans, and automobile accidents at their Clinton location.

Richard states that at Clinton Physical Therapy they try to create an atmosphere that promotes a positive approach to the patient's rehabilitation. "We encourage patients to interact with one another in the gym to help them progress with their goals. Our patients look forward to attending their physical therapy sessions."

Richard tells us that he has a great staff with different strengths that compliment each other.

Richard shared with us the story of a man who received a head injury at work and was very debilitated after a long hospital stay. "In fact, he had so many issues when he arrived we had to prioritize what we needed to address." Eventually he was able to regain much of his strength and function. Both he and his wife have been pleased with his progress. Richard stated, "It is very rewarding to be involved with a patient's rehabilitation long term and see them realize the benefits."

The office staff at Clinton Physical Therapy stated that Richard loves what he does and his patients can tell. He is very sincere in all that he does. He keeps the patient's therapy interesting as well as beneficial. He gives the patients an understanding of their diagnosis as well as their treatment plan.



Kymes-Lyons Physical  
Therapy & Sports Perf.  
575 Club Lane  
Conway, AR 72034  
501-329-5161

Tyson Kymes, PT, and Danny Lyons, PT, are the owners of Kymes-Lyons Physical Therapy & Sports Performance in Conway. Tyson is the managing partner and performs the majority of the therapy at the clinic.

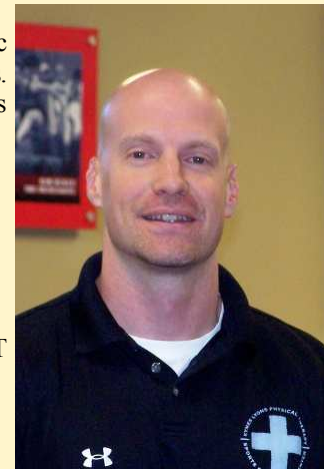
Their practice specializes in orthopedics and sports medicine. They also offer work hardening, manual therapy, fitness and sports performance training. Tyson states they are able to transition their therapy patients from rehab to functional workouts that get them back in the game, back to their job, or back to doing whatever it is they want to do.

Tyson is also a certified strength and conditioning specialist. Working with Tyson are several excellent trainers that help run the sports performance program. Ed Franklin and Jasper Johnson are two of his trainers. They work with area athletes to help them maximize their potential through the Parisi Speed School.

Tyson told us about a female patient that came in with failed back surgeries and other medical complications, such as lupus. She was understandably depressed and had stopped all social activity due to her pain. "Through several months of our back program, she is now without pain with most activities and returned to her normal life," according to Tyson.

When asked what we should know about their clinic, we were told they will do whatever it takes to improve the patient's dysfunction, regardless of economic status or complications. "The patient always comes first."

Tyson Kymes, MSPT  
CSCS



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**Letter From the Editor**

Terry Malone, PT, MSPT, EdD, ATC, FAPTA returned this last weekend to teach a knee rehab course for our group. The course was well attend without about 60 attendees. Dr. Malone asked me to thank you all for your wonderful hospitality.

Our thanks go out to Isokinetics, Dynatronics, and Renfroe Medical for supporting our spring meeting by exhibiting. We appreciate our vendor friends supporting our cause.

During the Spring business luncheon we discussed the outcomes of the recent Owner's Retreat, current developments in Medicare, member development, and various other issues.

For the Fall meeting, we will again combine with the ArPTA and the course topic will be Vestibular Rehab. The course is slated for Sept. 18th so put it on your calendar.

Becky A. Sewell  
Executive Director

**Meet the PAC in Margarittaville**  
**More information on our upcoming**  
**PAC Event coming soon!**

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## No Medicare Solution Yet

On February 25, the House passed HR 4691, The Temporary Extension Act of 2010 by a voice vote. It was immediately sent to the Senate. For the second night in a row, Senate Majority Leader Reid sought a unanimous consent agreement to pass The Temporary Extension Act of 2010, but did not get it, due to an objection by Sen. Bunning (R-KY), because he wanted the one month extensions paid for. The Senate reconvened at 9:30am on Feb. 26th to continue the debate. HR 4691 still must be passed by the Senate and signed by President Obama before becoming law.

HR 4691 would delay the 21.2% cut in the Medicare physician fee payment, which is scheduled to occur March 1. It would also extend the therapy cap exceptions process through March 31, 2010. In addition to these very important APTA provisions, the bill also provides a one month extension for other vital issues like unemployment insurance and COBRA.

Because Congress has adjourned for the week without congressional action on HR 4691, CMS issued guidance this afternoon regarding Medicare claims.

The Centers for Medicare and Medicaid Services (CMS) announced that it will hold claims for the first 10 business days of March. The hold will apply to claims with dates of service of March 1, 2010 through March 12, 2010. Claims with dates of service of January 2, 2010– February 28, 2010 will continue to be paid based on the 0% update approved by Congress. CMS will hold claims in an effort to avoid payment and service approved by Congress. CMS will hold claims in an effort to avoid payment and service disruptions anticipated as a result of the 21.2% fee schedule reductions that are effective March 1, 2010. This hold is also designed to provide Congress with additional time to pass legislation to avert the 21.2% reduction in fee schedule payments.

Medicare contractors have received instructions to hold claims paid under the fee schedule during this 10-day period. CMS anticipates that this temporary hold will have minimal impact on provider cash flow because, under current law, clean electronic claims are not paid sooner than 14 calendar days after the date of receipts.

The Senate is expected to revisit this issue when they return next week.

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