

Rehab Net News Update

R E H A B I L I T A T I O N N E T W O R K O F A R K A N S A S

BECKY'S SCHEDULE

10-2	ASBPT Mtg
10-9	Rehab Net Board Mtg
10-18	ArPTA Mtg
10-20	Comp Day
10-21	CMSA Mtg
10-31	CMSA Vendor Fandango

Important Numbers

Becky's Cell 479-858-2760

Lobbyist Bill Phillips
(501) 329-3111 or
Bradley Phillips
(501) 269-2723

HEES (501) 225-8077 for
calibration services

ArklaMed—Rick Pate
(870) 864-8896

AR State Board of PT
Web site <http://www.arptb.org>

ArPTA Web site <http://www.arpta.org>

APTA Web site <http://www.apta.org>

AFLAC Anneke Bollman
(479) 264-4623

Www.rehabnet-ar.com
User = rna Password = 10144
For member only section

Physician's Name the Best Physicians of 2008

The Arkansas Times sent out surveys to nearly 500 physicians around Arkansas to ask who they would go see. While the Times makes no claim that their questionnaire is totally scientific, these doctors have earned the respect of a healthy number of their peers. The top votes went to:

Allergies/Immunology:	Stacie Jones
Cancer:	Suzanne Klimberg (breast surgery) Laura Hutchins (hematology/oncology) Kimo Stine (pediatric hematology/oncology)
Colon & Rectal Surgery:	Ralph Broadwater
Dermatology:	Jay Kincannon
Endocrinology:	Phil Peters Stephen Kemp (pediatric)
Gastroenterology:	James Metrailler Helen Casteel (pediatric)
Heart:	C.D. Williams (surgery) Joe Bissett (internal medicine/cardiology) Michaiki Imamura (pediatric cardiology)
General Surgery:	Ron Robertson Everett Tucker Sam Smith (pediatric)
Geriatrics:	David Lipschitz Ann Riggs
Gynecology/Obsterics:	Paul Wendel
Hand Surgery:	Michael Moore Thomas Frazier
Nephrology:	Sameh Abul-Ezz Richard Blaszak (pediatric)
Neurology:	Ossama Al-Mefty (surgery) Jomana Al-Hinti (neurology)
Orthopedic Surgery:	Richard Nicholas (adult and pediatric) John Vanderschilden
Physical Medicine:	Barry Baskin
Plastic Surgery:	Susanne Yee
Pulmonary & Critical Care:	Paula Anderson Steve Schexnayder (pediatric)
Rheumatology:	Eleanor Lipsmeyer Paula Morris (pediatric)
Thoracic Surgery:	Hugh Burnett
Urology:	Graham Greene
Vascular Surgery:	John Edit



CLINICS IN THE SPOTLIGHT



Holly Street Physical
Therapy
1675 W. Jefferson Street,
Suite A
Siloam Springs, AR
72761

Steve Stinnett, PT, owns Holly Street Physical Therapy in Siloam Springs. Steve and his staff provide general physical therapy for orthopedic and neurologic problems. While they treat all ages, they specialize in physical and occupational therapy for school aged children.

Steve states that his staff provides one on one personalized therapy. His staff includes four full time and seven part time employees. "Team work and sharing of ideas helps us all to become stronger therapists," explains Steve. Steve tells us that he believes in putting family first, therefore the staff's schedules are created to provide quality time with their families.

Steve shared with us the story of a C5-6 Spinal Cord Injured patient who was 26 years post injury. She had traveled to China for stem cell transplants and upon initial evaluation at Holly Street PT she presented with no abdominal muscle tone, trace mid thoracic paraspinal muscle tone and no hip or leg muscle tone or sensation. Her progress was amazing. Through stabilization exercises, kinesio taping, facilitation exercises, and closed chain exercises, the patient gained the ability to sit with only light one hand support. Paraspinal function to allow neutral posture, and abdominal muscle tone improved. Her job required her to move after four months. At that time she was also gaining sensation to her feet with trace quads and hamstrings. The last report that we received was she continued to progress and was walking with KAFO's in the parallel bars and continued to gain independence. "She was truly an inspirational patient to work with," reported Steve.

(Here is Steve and his staff.)



Pediatric Plus Therapy
Services
2740 College Avenue
Conway, AR 72034

Making a difference one child at a time is Amy Denton's motto. Amy Denton, PT, is the owner of Pediatric Plus Therapy Services in Conway, Russellville and now Little Rock. Just as the name of her clinic implies, they specialize in pediatric therapy.

Pediatric Plus Therapy consists of dedicated therapists who work together to recognize and encourage the special needs and gifts each child brings to their families, teachers, friends and the Central Arkansas community. Amy states, "We are committed to helping children reach their maximum potential through the provision of comprehensive physical, occupational and speech-language therapies."

Amy employees approximately 50 therapists total and also owns the Center for Early Learning in Conway, which is attached to her clinic there. They provide preschool for special needs children.

Pediatric Plus Therapy promotes therapy that stresses the importance of the fact that children learn through play; therefore, play is the primary medium through which goals are achieved. They do also offer aquatic therapy for their children.

The children they serve range in age from infancy through adolescence.

Conditions include but are not limited to:

- ◆ Developmental Delays
- ◆ Cerebral Palsy
- ◆ Downs Syndrome
- ◆ Spina Bifida
- ◆ Autism
- ◆ Asperger's Syndrome
- ◆ ADD
- ◆ ADHD
- ◆ Pervasive Developmental Delay
- ◆ Acquired Brain Injury
- ◆ Learning Disorders

Amy is our guru of Medicaid because that is primarily what her facilities deal with.

Not only do they see patients in their three locations but they also do therapy in the patients' homes, schools, and daycares.

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Letter From the Editor

Seems like there are all kinds of elections going on right now. The ArPTA is holding their election in October since they didn't get enough mail in ballots back. I know all of you will go out and vote in the November elections for our country. It is now time to vote in the Rehab Net elections. You should have received a ballot in the mail. We have some very worthy presidential candidates. If for some reason you didn't receive a ballot (one per clinic), please let me know and I will send you one out immediately. You can vote by faxing your ballot in or mailing it in before November 15. So far I have received ballots back from half our members.

We are pleased to announce that this February we will be having a Functional Review of Anatomy Course taught by Bruce Mendelson, PT, Ph.D. Many of you may know Bruce as he taught at UAMS and UCA previously. The course will be February 7, 2009.

ArPTA Fall Meeting

Just in case you haven't heard yet, the Arkansas Physical Therapy Association's Fall meeting is scheduled for October 18th at the UCA Physical Therapy Center. They are offering three - two hour courses: Wound Care Overview, Women's Health, and Therapeutic Exercise in Diabetes. You can attend one, two or all three courses. There will be a business meeting at lunch and 2009 elections will be held. Our own Joel Sebag, PT, is running for vice president so let's support him. If you have any questions, please don't hesitate to call me. You can find more information regarding the fall meeting at the ArPTA website located at www.arpta.org or contact their new executive director, Bradley Phillips, at (501) 269-2723.

Office Manager's Network

- | | |
|------------------|----------------------------------|
| Dona Van Kirk | housley1@alltel.net |
| Tasi Wyatt | twyatt@mcmasterpt.com |
| Susan Hall | susan@coulterpt.com |
| Myra Dickerson | myra@rivervalleytherapy.com |
| Amber Sartain | pinnaclht@comcast.net |
| Krista Tapp | krista_tapp@pedsplustherapy.com |
| Linda Redden | laredden@sbcglobal.net |
| Nancy Orpin | nancy@touchstonept.com |
| Cheryl Zehtaban | Cheryl@aworldofdifference-lr.com |
| Tammye Bradley | seaptinc@cablelynx.com |
| Pam Howard | Pam@casportsmed.com |
| Pat Burns | pburns608@yahoo.com |
| Alicia Teston | alicia@touchstonept.com |
| Gayle Morton | g6024@aol.com |
| Liz Smith | esmith.1971@hotmail.com |
| Brenda Alexander | churchskylar12@yahoo.com |
| Diannia Schooley | clintonphysicaltherapy@yahoo.com |
| Debbie Johnson | debjohn@conwaycorp.net |



Spotlight Update from September :Here are updated pictures of Tri-lakes Physical Therapy in Hot Springs that I promised you last month. Jon Hardy, PT, is very proud of his new facilities as he should be.

REHAB NET



Lobbyist Corner

Bradley Phillips
Vice President of
Public Relations
Phillips Mgmt &
Consulting Ser-
vice
C: 501-269-2723
F: 501-327-2458



P.O. Box 202
Conway, AR 72033

Phone: 866-548-6003
Fax: 866-548-6003
Cell: 479-858-2760
E-mail: rehabnet@alliancecable.net
www.rehabnet-ar.com

In serving as your lobbyist, the vast majority of my time during the interim is spent watch dogging and playing defense against anything that could potentially harm our industry. Last week I attended a Public Health meeting at the Capitol after learning that the nurses were proposing a major change to their practice act. I arrived early to speak with my colleagues from various other medical interests; hospitals, insurance companies, doctors, dentists, even a veterinarian was present to oppose the proposed change. While we all have vastly different interests, we were all fearful of this new language being proposed by the nurses. The nurses wanted to change their practice act to allow their state board to "define the scope of practice". This kind of vague language can be open to a very broad range of interpretation.

Faith Fields, Executive Director of the State Board of Nursing, led the charge for the proposed changes. While it was quite obvious that the change made most everyone involved feel quite uneasy, most of the heartburn for the issue stemmed from the speed and stealth in which the nurses were operating under. One legislator commented that the nurses had only put three classified ads in the Democrat Gazette soliciting public opinion. Ms Fields commented that "only the Med Society had any opposition" to the changes. At this time several of us raised our hands a little bit and shook our heads to indicate that we all indeed had problems with the proposed changes. The meeting lasted well into lunch and boxed lunches were ordered by several of us for the committee members in order for them to finish discussion, a practice that is common during session but almost unheard of during the interim. A former Representative who had dealt with a similar situation during a 1995 General Assembly encouraged the committee members not to "give away their power", and saying that the nurses had gone about seeking the changes in the wrong fashion. Finally, around 2:45pm, a motion was made that the committee approve the changes. This motion was then tabled until "nurses and docs can sit down" to discuss. It was strongly recommended to the nurses that they seek to open dialogue about the situation.

This is where you come in as Rehab Net members. We need for you to call and email your legislators that serve on the public health committee and tell them that you do not want them to support the proposed changes to the nurses practice act. This language is an immediate danger to us because it gives the nurses the right to decide that they are qualified to assume the role of various other healthcare practices, including ours. Attached to this news letter is a list of the Public Health Members and their contact information.

E-MAIL DIRECTORY

Shan Borchers harrisonpt@alltel.net
Adam Carson apcarson@yahoo.com
Jennifer Cavnor jcavnor@comcast.net
Seth Coulter seth@coulterpt.com
Jerrie Cummings gppt@centurytel.net
Kenny DeLuca kennydeluca@sbcglobal.net
Amy Denton amy_denton@pedsplustherapy.com
Gabe Freyaldenhoven Gabe@Rivervalleytherapy.com
Randy Green rgreen1126@sbcglobal.net
Jon Hardy tri-lakes@sbcglobal.net
Craig Hill chill@cabotphysicaltherapy.com
Steve Hornbeck seaptinc@cablelynx.com
Matt Jackson mattjacksonlpt@sbcglobal.net

Steve Joseph pppt@alltel.net
Blake McBride rtlsnake@centurytel.net
Harry Morton HMJPT@aol.com
Bo Renshaw bo@casportsmed.com
Clint Rhodes rhodehogg@hotmail.com
Roger Saenger sptc@alltel.net
Becky Sewell rehabnet@alliancecable.net
Lee Sowerbutts sowerbutts@yahoo.com
Steve Stinnett hollystreetpt@cox-internet.com
Michael Teston michael@touchstonept.com
Ray Yumang yumangrehab@yahoo.com

Greg Noel gnoelpt@sbcglobal.net
Joel Sebag joddebs@aol.com
Velvet Barrows velvet1@sbcglobal.net
Nathan Tumlison nathan_associatespt@yahoo.com
M.J. Orellano mjorellano@comcast.net
Sue Carver Carver6621@aol.com
Andrew Abraham andrewsearcypt@gmail.com